



Covers of *How to Love Someone Forever* by Ellen and Kevin Knudson. The boards are covered in combed paste paper. I painted the colors on and then made marks using one of those rubber paint combs for texturing walls. The paper used is Hahnemuhle Bugra in mint green.



Covers of *Crooked Trajectory* by Ellen Knudson. These boards are covered in what is called "pulled" paste paper. They are done by coating the paper with the colored paste, then folding the paper, painted sides together, and immediately pulling it apart.

WHEAT PASTE RECIPE

Wheat starch can be purchased at most Asian grocery stores. Also try bulk food suppliers online.

1. Mix 1/4 cup wheat starch with 1-1/2 cups cold water and soak for 30 min.
2. Pour into a double boiler (preferably glass) and heat, stirring constantly. As the paste heats, it will slowly turn from opaque white to slightly translucent.
3. Heat for 30-40 minutes stirring constantly.
4. Allow to cool. Pour water over the paste and store in a lidded container.

If a double boiler is not available, use a regular pan and heat using a lower temperature (Cooking time may be less).

To extend the life of the paste, rinse daily and cover with fresh water. (*Recipe provided by and with permission of Anna Embree*)

PASTE PAPER RECIPE

Use paper that can accept being wet. Copier paper and the like is probably not going to work. Canson paper and other art papers are a good choice.

This is a pretty messy operation, so use a surface that can be wet and painty. I use a melamine coated board that I purchased from a building supply company. It's cheap and comes in very handy.

1. Use 1/4 cup wheat paste for each color you want to use.
2. Add water by teaspoon to loosen the paste so it's easier to paint onto the paper.
3. Mix 1 to 2 Tbsp. of acrylic paint with the paste, depending on the intensity of color you want.
4. Using a bottle sprayer and distilled water, lightly mist the paper you want to cover.
5. Paint on the colored paste and mark into it with any soft mark-making tool (erasers, spatulas, rubber toothed combs, fingers, etc.) Hard tools will work, but might tear wet paper.

Paste paint will last for about a week if kept in plastic containers with lids and stored in a cool place.

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